

Cardiac Prevention Summit – Fokus Herz Bern

February 11, 2026 - Anna Seiler Haus, Inselspital Bern

Sprachen: Deutsch / English

12:00 – 12:30	Anmeldung / Registration	
12:30 – 12:35	Begrüssung / Welcome	
12:35 – 13:35	Kardiovaskuläre Risikobewertung / Cardiovascular Risk Assessment	Chairs: Konstantinos Koskinas, Stephan Windecker
12:35 – 12:50	Risk scores for CV risk assessment: ESC-SCORE2, AGLA Score, and Beyond	David Carballo
12:50 – 13:05	Refining Cardiovascular Risk Assessment: Role of Imaging	Christoph Gräni
13:05 – 13:20	Refining Cardiovascular Risk Assessment: Biomarkers and Emerging Risk Factors	Christian Müller
13:20 – 13:35	Panel Discussion	All

Kaffeepause / Coffee Break: 13:45 – 14:15

14:15 – 15:15	Lipid-Management / Lipid Management	Chairs: Christian Müller, Lorenz Räber
14:15 – 14:30	What is New in the 2025 ESC Dyslipidaemia Guidelines	Konstantinos Koskinas
14:30 – 14:45	Lipoprotein(a): From Risk Marker to Therapeutic Target	F. Mach
14:45 – 15:00	Hypertriglyceridemia: Causes, Clinical Relevance, and Treatment Options	Noe Corpataux
15:00 – 15:15	Panel Discussion	All

Kaffeepause / Coffee Break: 15:25 – 15:45

15:45 – 16:45	Fettleibigkeit und der kardio-renale-metabolische Zusammenhang / Obesity and the Cardio-Renal-Metabolic Connection	Chairs: Otmar Pfister, Catherine Gebhard Matthias Wilhelm
15:45 – 16:00	Diabetes Management: Implications for Lowering Cardiovascular Risk	Markus Laimer
16:00 – 16:15	Heart and Kidney Intersection: How to Address Cardio-Renal Risk	Uyen Huynh-Do
16:15 – 16:30	Anti-Obesity Drugs: Current Status in 2025	Konstantinos Koskinas
16:30 – 16:45	Panel Discussion	All

Kaffeepause / Coffee Break: 16:50 – 17:20

17:20 – 18:05	Hypertension	Chairs: Daniel Fuster, Emrush Rexhaj
17:20 – 17:35 (12' + 3' Q&A)	Antihypertensive Therapy: What is New in 2026	Felix Mahfoud
17:35 – 17:50 (12' + 3' Q&A)	Secondary Hypertension: What Clinicians Should Know	Simeon Schietzel
17:50– 18:05 (12' + 3' Q&A)	Pregnancy Hypertensive Disorders and Long-Term Cardiovascular Risk	Luigi Raio

Apéro Riche ab / as of 18:15